

Life-Changing Questions

Authentic Answers

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➔ SECURITY -

Teens' security should be met through _____
and _____.

What's a key? _____

➔ IDENTITY -

Identity Categories: _____

Is their identity _____?

Is their identity _____?

Is their identity _____?

A key identity: _____

Change is possible!

→ BELONGING -

We can teach **friendship skills**. (Friendship brochure and *TIPS: for Parents* Folder available at the Celebrate Kids' online store.)

→ PURPOSE -

We're all alive to _____.

To believe we can do this, we need to know our _____, we need _____,

and we need _____.

Remember, teens have _____, not just _____.

→ COMPETENCE -

Competence is not _____.

Teens will never feel competent if they _____.

Main sources of competence include _____.

Selected References

- Coopersmith, S. (1967). *The antecedents of self-esteem*. San Francisco, CA: W.H. Freeman and Company.
- Covington, M.W., & Beery, R.G. (1976). *Self-worth and school learning*. New York, NY: Holt, Rinehart, and Winston.
- Elkind, D. (1981). *The hurried child: Growing up too fast too soon*. Reading, MA: Addison-Wesley.
- Elkind, D. (1984). *All grown up and no place to go: Teenagers in crisis*. Reading, MA: Addison-Wesley.
- Elkind, D. (1987). *Miseducation: Preschoolers at risk*. New York: Alfred A. Knopf.
- Eyre, L., & Eyre, R. (1994). *Teaching your children responsibility* (3rd ed.). New York, NY: Simon & Schuster. (And their books on teaching joy, values, and sensitivity.)
- Hersch, P. (1998). *A tribe apart: A journey into the heart of American adolescence*. New York, NY: Fawcett Columbine.
- Koch, K. (2005). *Finding authentic hope and wholeness: 5 questions that will change your life*. Chicago, IL: Moody Publishing.
- Ludtke, M. (1997). *On our own: Unmarried motherhood in America*. New York, NY: Random House.
- Pollock, D., & Van Reken, R.E. (2001). *Third culture kids: The experience of growing up among worlds*. Yarmouth, ME: Intercultural Press.
- Swann, W.B., Jr. (1996). *Self-traps: The elusive quest for higher self-esteem*. New York, NY: W.H. Freeman and Company.
- Tapscott, D. (1998). *Growing up digital: The rise of the net generation*. New York, NY: McGraw-Hill.
- Wertsch, ME (1991). *Military brats: Legacies of childhood inside the fortress*. Louisville, KY: Harmony Publishers.
- Young, B.B. (1991). *How to develop self-esteem in your child: 6 vital ingredients*. New York, NY: Fawcett Columbine.

(Some) Children's Books Related to the Life-Changing Answers Model

Security: Who can I trust?

- Alborough, J. (1992). *Where's my teddy?* Cambridge, MA: Candlewick Press. [1-56402-280-3]
- Cusimano, M.K. (2001). *You are my I love you*. New York, NY: Penguin Putnam Books. [0-399-23392-X]
- Lester, H. (1985). *It wasn't my fault*. Boston, MA: Houghton Mifflin Company. [0-395-35629-6]
- Sharmat, M. W. (1977). *I'm terrific*. New York, NY: Scholastic Inc. [0-590-40650-7, out of print]

Identity: Who am I?

- Berenstain, S., & Berenstain, J. (1970). *Old hat new hat*. New York, NY: Random House. [0-394-80669-7]
- Lester, H. (1988). *Tacky the penguin*. Boston, MA: Houghton Mifflin Company. [0-395-56233-3]
- Lester, H. (1994). *Three cheers for Tacky*. Boston, MA: Houghton Mifflin Company. [0-395-82740-X]
- Lucado, M. (1997). *You are special*. Wheaton, IL: Crossway Books. [0-89107-931-9]
- Sadler, M. (1983). *It's not easy being a bunny*. New York, NY: Beginner Books/Random House. [0-394-86102-7]

Belonging: Who wants me?

- DeRolf, S. (1996). *The crayon box that talked*. New York, NY: Random House. [0-679-88611-7]
- Henkes, K. (1988). *Chester's way*. New York, NY: Puffin Books. [0-14-054053-9]
- Lester, H. (1986). *A porcupine named fluffy*. Boston, MA: Houghton Mifflin Company. [0-395-52018-5]
- Seskin, S, & Shamblin, A. (2002). *Don't laugh at me*. Berkeley, CA: Tricycle Press. [1-58246-058-2]

Purpose: Why am I alive?

- Fox, M. (1985). *Wilfrid Gordon McDonald Partridge*. LaJolla, CA: Kane/Miller Book Publishers. [0-916291-26-X]
- Lucado, M. (2002). *If I only had a green nose*. Wheaton, IL: Crossway Books. [1-58134-397-3]

Competence: What do I do well?

- Gantos, J. (1998). *Joey Pigza swallowed the key*. New York, NY: Farrar, Straus and Giroux. [0-374-33664-4]
- Jones, C.F. (1996). *Accidents may happen: Fifty inventions discovered by mistake*. New York, NY: Delacorte Press. [0-385-32162-7]
- Jones, C.F. (1991). *Mistakes that worked: 40 familiar inventions and how they came to be*. New York, NY: Delacorte Press. [0-385-32043-4]
- Lester, H. (1995). *Listen Buddy*. Boston, MA: Houghton Mifflin Company. [0-395-72361-2]
- Piper, W. (1961). *The little engine that could*. New York, NY: Platt & Munk. [0-448-40520-2]
- Polacco, P. (1998). *Thank you, Mr. Falker*. New York, NY: Philomel Books. [0-399-23166-8]
- Stewart, S. (1995). *The library*. New York, NY: Farrar Straus Giroux. [0-374-44394-7]