

Main Topics – Paragraph Descriptions for Promotional Materials

How Am I Smart? Discovering and Increasing Children's Intelligences

You'll be inspired to learn that all students have eight intelligences that can be awakened, strengthened, paralyzed, focused, and trained. Each intelligence will be defined and explained so you can determine which ones are strengths for your students, how students might be getting into trouble through their greatest strengths, and how to awaken and strengthen the intelligences that appear to be weak.

Mind Styles™ Matter

Understanding our Mind Style positively affect individuals personally and professionally. It can increase communication success and lower stress. Because your Mind Style has to do with the way you grasp information (concretely or abstractly) and then arrange it (sequentially or randomly) to communicate it to others, it influences all informal and formal, written and verbal communication. It is possible to communicate without conflict! During this training, you will take the Mind Styles Delineator™ and Dr. Kathy will use focused small group work and interactive lectures to help you discover and understand your Mind Style. Applications will be very relevant to all of life.

Bullying Prevention: Celebrate Kids Style

The exact content of this presentation is determined by the length of the seminar and the needs of the school/organization hiring Dr. Kathy. Content can include an understanding of the bullying circle, how students' use of digital technology may contribute to bullying behavior, the five characteristics of effective bullying intervention, and the four "things" students need so they're less likely to bully or be bullied. Core content will most likely include how teaching students to meet their five core needs of security, identity, belonging, purpose, and competence in healthy ways can prevent bullying; how and why to teach small group skills, relationship skills, and friendship skills to students; and how to create a character culture that encourages students to have self-respect, self-control, and respect for others.

The Millennial Mind: Meeting the Needs of the Millennial Generation

Learn how and why this generation of Millennial students is different and, more importantly, what adjustments to make so they're more successful. They are the bored-quickly, multitasking, drop-down-menu, control-alt-delete, instant-everything, relationship-based-beliefs, things-are-easy, change-is-constant, entitled generation. Understand how technology has changed their brain and, therefore, their behavior and preferred ways of learning. Small adjustments can pay huge dividends. Find out what to do and why.

Kill the Spider: Lasting Solutions to Children's Problems

Real problems need real solutions. Have you ever swept away a spider web only to have it reappear? You didn't kill the spider! It's the same with children/teens/students. We must kill the spider – we must find the real problem causing the behaviors that concern us and eliminate it! We understand that problems are rooted in one or more of our five core needs and that the needs are interconnected for problem-solving power. Imagine being able to assign any problem to one or more of the core needs of **security, identity, belonging, purpose, and competence**. Don't just imagine it – learn how! Identifying the spider and not just sweeping away the web makes all the difference.