Some Lies Children May Believe

I'm stupid so studying won't help.
I don't need to know this.
No one cares if I improve so why bother!
Listening won't help.
My teacher can't help me. She's clueless.
My future won't be any different no matter what I do.
I'm just a good for nothing! Dad said.
I can't trust anybody!
My teacher isn't fair so I'm not going to do it.
Nobody likes me and there's nothing I can do about it.
Mom said I was a mistake. I agree. I shouldn't have been born.
When I improve it never lasts and then it's worse than before. It's just easier to not try and to not care.
There's nothing good about me!
I'm perfect. Mom says so. I don't need to change!
Those kids are going to hurt me so I'll hurt them first.
Teasing those kids gives me power and I like it.
I don't need friends. I'm fine by myself.
I'll be hurt so I need to hurt them first.
If I improve then my parents won't pay attention to me. They'll just ignore me like before.
I'm fine. Everybody else is weird.

Some Lies Teachers and/or Parents May Believe

This kid is hopeless!
I don't have enough time to fix what's wrong.
He'll just pout if I bring up the problem again. It's not worth dealing with.
The problem is too big!
I don't have enough experience to deal with this so I'm not going to try.
If he wasn't my kid he wouldn't behave like that.
Criticism works. This kid just can't change.
She thinks she's special so it's my job to convince her she's not!
She's my baby. I'll be lonely when she grows up.
His parents are the problem and I can't change them so I'm not going to get involved.
My kid's teacher doesn't know what she's doing! If she did, my kid would be doing great!
It's okay that math is hard for my daughter. It was hard for me, too, and I turned out okay.
My son is good at sports. That's how he'll make a name for himself. He doesn't need the rest of school.
I'm working as hard as I can. If these kids won't listen, that's their problem!

Sample lies listed to help educators and parents complete the Celebrate Kids, Inc., Student Action Plan that goes with the Student Improvement Plan Checklist. These lists are not complete.

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